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TUESDAY TATTTLER



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Tuesday 9th Dec 2014

Current Office Hours.....

MONDAYS, TUESDAYS, WEDNESDAYS AND FRIDAYS

9.15am – 3.00pm (Closed 12.30pm to 1.30pm)

THURSDAYS

11.30am – 5.30pm (Closed 1.30pm to 2.30pm)

SATURDAYS

9.30am – 1.00pm

Dates for your diary

Thursday 18th December 2014

MYC Music Night after Twilight Sailing
& Santa's coming to visit too!



Hi everyone,

Big Day Out nailed the start in race 6 of the Harcourts twilight series to take The Rocks prize last Thursday. *Jessie* heads the leader board after a convincing win and also received the Couta Boat Club prize to accompany the Harcourts wine.

Saturday's fresh conditions had the Trailable sailors finding alternative ways to spend their day.

The *Marshall's & Dent Navigators Race* is a 40 mile race to Popes Eye, between Portsea and Queenscliff, and back to Mornington via the west and south channels with the option of going clockwise or anti clockwise. All but two boats went anti clockwise which proved to be the best and driest option.

Despite a few mishaps all but one boat finished with minimal gear failures. *Flying Circus* took both the AMS and line honours in Div.2 with *Sanjuro* picking up another win in PHC. Well done *One Four One* completing yet another race single handed.

Javelin was the first boat home in Div.1 *Windsong* was first on performance with *Seduction* taking the AMS.

This coming Sunday we have the *Gazman* Social Pursuit race at 2pm with a \$50 voucher to be won.

This Thursday is the final race in the Harcourts Twilight Series.

Whether you are sailing or just socializing Mornington Yacht Club is always a great place to

spend an evening.

The Rocks have their Thursday night special as usual so come on down and have an enjoyable night out at the club.

Hope to see you there,

Richard Nichols, Div 1 Class Captain



Wanted! Women Sailors.....Are you interested in training for the AWR (All Women Regatta -3 days, 6 races – June long weekend – lots of fun involved!
If yes please contact MYC member
Kellie (Jethro) on: 0402 597 954

Sailing Tips from Jacko

Heavy air sailing over the past weekend in all classes lead me to make the follow observations - for those that might like a few tips in these conditions:

The 14 or so Keel Boats that did the Navigator's Trophy on Saturday started with a tight spinnaker reach and for many a crew, there were a few broaches, so here some tips on how to avoid that:

One member of the crew must call the wind gusts and lulls this helps the trimmers and helmsman to anticipate what's coming and how soon. Call it in nice and loud. "Gust in 5, 4, 3, 2, NOW"

One member of the crew should have control of the vang rope, whilst hiking out, ready for immediate release when the helmsmen calls for it. This appeared not to happen on many boats on Saturday morning. Once the boom hits the water it will all go bad unless the vang is released FAST!

The helmsman should be trying to bear away early - anticipating gusts hitting the boat and trying at all times to 'keep the boat under the rig'. For this to happen big eases of the spinnaker sheet are required, and big grinds back on are also required and potentially big vang ease if sheet ease is not giving the helmsman enough control back.

So we have the wind being called, the vang being released as required, the trimmer and grinder working hard together and then the with all that in place the helmsman can do the job of keeping the boat upright.

Also remember to move the crew weight aft (and outboard) which keeps the bow up and the rudder in the water.

Some of the keel boats and Etchells when sailing upwind should remember that if the mainsail is flogging, the jib car needs to come aft. With 25 plus knot gusts on Saturday our jib car was fully aft and the jib sheet well eased. The angle along the jib sheet would have been intersecting only 20% up the forestay, so the jib ended up sheeted more along the foot of the sail and much less down the leach.

This twist in the jib spills the air and allows the mainsail to be eased further without being effected by the jib. So the main does not flog and create more drag. We also had our leeward cap shroud staying tight and the lower just going loss - this was achieved on the Etchells by winding the caps up about 6 turns off dock setting and I think about the

same on the lowers. The end result being an easier to sail boat.

The three Optis sailing on Sunday morning had the sprit eased, which induces twist, and some centerplate up (upwind), lots of vang, maximum out hull, weight further after the normal – all that leads to good gust response in pressure of 30knots.

In the end, if the boat is not set up well and the crew not working together we end up making it hard to sail thus going slower and having less fun.

I meant to make mention of the last long distance race start, a few weeks ago, watching from home I suggested the kids come and watch as I thought it might end in tears, however Silicon Chip managed a fantastic Port tack start at the pin end crossing all the Starboard tack boats to end up leading the race. Brave move, but it looked great and worked perfectly this time!

Cheers Jacko, Rear Commodore
AUS 1011



Greetings from your OTB Class Captain,

The Opti and 420 Club Championship round was abandoned this Sunday due to wind strength, however that wasn't to deter three of our keenest, most determined Opti skippers, taking advantage of Jacko's offer of an hour of heavy weather coaching.

With sharp gusts over 30 Kts, concentration and anticipation was the key. Lachie, James and Denver returning to the beach exhilarated and proud, nice work boys!

Next Sunday, the 14th, Sail Melbourne will be in its final heats and our 420's and some Opti skippers will be competing still. Good Luck to those skippers. Our Opti Club Champs and Aggregate will sail as programmed, so tell your mates, you'll see them at Mornington where the sailing is best!

Cheers for now, Reece James, OTB Club Captain



Sailability Update



Last year our Sailability Program was successful in seeking funding from our friends at Scope Victoria, for the portable lifting machine that now resides in our first aid area. Recently the equipment in this area has been further updated, again with the support of Scope, who kindly co-funded (with our Sailability Program), the purchase a new height adjustable bench (see picture at left). This means that we now have top of the range, and I must say "rather flashy", equipment for addressing any first-aid needs that might arise.



Our thanks go out to Scope Victoria for their generosity, and continued support of our Sailability Program.



And by the way, if anyone has a use for the old bench that was there previously, just give Sarah in the office a call.

Graeme Lyell (Sailability Coordinator)

Thursday's Menu

THURSDAY
11th December
Roast
NIGHT



\$20
Potato &
Vegetables

HAPPY
HOUR

Monday's, Tuesday's & Wednesday's from 5.00pm to 6.00pm is Happy Hour. All beer and mixer drinks in cans will be charged at takeaway prices for you to enjoy in the members bar and deck area.

Friday Happy Hour from 5.00pm to 6.00pm (includes drinks served in glasses).

YOGA @ MYC

The Live Life Well Studio are holding a yoga class here at MYC each week at 9.30am.

For more information please contact Kym on:
Tel: 9773 9486, Facebook: [lifelifewellstudio](#)



Website: www.lifelifewellstudio.com.au



BBQ Help

We are looking for volunteers (men & ladies!) to help with our Saturday BBQ (2 additional people needed per week).

Whether you can help Pam Lane once, fortnightly, monthly or weekly we would love to hear from you as we are in the process of organising a roster.

The time would be approx. from 11.30am to 1.30pm.

Please call Sarah in the office on: 5975 7001 if you have some spare time – thank you!

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If possible, please can you bring something along Thursday afternoon/evening to donate towards our Christmas Hamper this year! There will be a basket in the members bar area for you to leave a little pressie! – all donations are very much appreciated ☺



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Gazman Social Pursuit Race @ 2pm Sunday
14th December with a
\$50 voucher to be won!



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Our Christmas Lunch organised by our Ladies was held last Friday – the food was fantastic thanks to the Rocks.... a perfect afternoon!

