



# MORNINGTON YACHT CLUB

*Affiliated with Yachting Victoria*

ABN 44 004 625 414

27 May 2015

## **Tackers and Sporting Schools**

With the recent announcement from the Australian Sports Commission of the Sporting Schools programme and the funding opportunities available to schools to encourage students to participate in more sports-based activities, we are pleased to offer Tackers, our introductory sailing course for primary aged children, as an option for your school to consider.

Tackers was developed by Yachting Victoria in 2008 before being adopted by Yachting Australia, the national governing body for sailing and boating in Australia in conjunction with the Australian Sport Commission in 2012. The aim of Tackers is to provide a junior entry-level sailing programme for children aged 7-12 years old. Since then, more than 10,000 children have taken part in the Tackers programme nationally.

The main objectives of the Tackers programme are for kids to have fun in a non-competitive, games-based and social environment and provide an opportunity for them to develop life skills such as leadership, teamwork, confidence and water safety.

## **About the Mornington Yacht Club**

Here at Mornington Yacht Club we have been running the Tackers programme for 7 years and have had more than 500 kids take part. We have a wonderful pool of qualified Instructors and a fleet of 10 boats that we use for the Tackers programme which are small and very easy to handle for 7-12 year old children.

Safety is a major priority and Tackers students wear lifejackets at all times and are under supervision by qualified Yachting Australia Instructors. All equipment, including the boats, are provided by us, as well as Insurance and temporary Club Membership for each participant. Our Club facilities include separate change rooms, room allocated for learning in the event of wet weather and parking.

## **The Tackers Delivery Models**

There are two main Tackers delivery models, which can be offered as part of the Sporting Schools programme either before, during or after school. The benefits of and differences between these two models are provided in the table below. Within the parameters of the Sporting Schools program, there is some flexibility in the way in which each model can be delivered and this can be further explained

when	we	meet	with	you.
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	Tackers Intro (Sporting Schools)	Tackers 1 (Sporting Schools)
Programme Brief	<p>Tackers Intro is specifically designed for the Sporting Schools program and provides a wonderful opportunity for students to get a taste of the wonderful world of sailing. With shorter sessions to Tackers 1, kids will get involved in a sailing treasure hunt, paddling race, wind awareness activities plus they learn about water safety!</p> <p><b>Option 1</b> – 4 x 60 minute sessions  <b>Option 2</b> – 3 x 90 minute sessions</p>	<p>Tackers 1 (the first step of the ‘learn to sail’ pathway) dives into teaching students the foundations of sailing in a kids-centric environment. The kids develop leadership skills and independence as they progressively learn to manoeuvre their boats in pairs through the activities set out by their qualified Instructors.</p> <p><b>Option 1</b> – 10 hour program delivered during or after school  <b>Option 2</b> – 20 hour program with first 10 hours paid by Sporting Schools and second 10 hours paid by parents or school at a subsidised rate.</p>
Key Information	<ul style="list-style-type: none"> <li>• <b>A minimum of 4 hours tuition</b> from qualified Yachting Australia Instructors</li> </ul>	<ul style="list-style-type: none"> <li>• <b>A minimum of 10 hours tuition</b> delivered by qualified Yachting Australia Instructors funded through the Sporting Schools Program</li> <li>• N.B. Schools and/or parents can then choose to complete an additional 10 hours tuition delivered by qualified Yachting Australia Instructors paid for by parents.</li> </ul>
Programme Costs	<p>(Club should provide an indicative cost of this program option)</p>	<p>(Club should provide an indicative cost of this program option here)</p>



<b>Programme Competencies</b> By the end of the program, the children will...	<b>Tackers Intro</b> (Sporting Schools)	<b>Tackers 1</b> (Sporting Schools)
Have learned the basic sailing safety rules and procedures	✓	✓
Be able to launch and retrieve their own boat	✓	✓
Understand how the boat floats and what to do if water is taken on-board	✓	✓
Understand what the different roles are in the boat (skipper and crew)	✓	✓
Have participated in an array of sailing-based games	✓	✓
Understand the freedom and responsibility sailing provides	✓	✓
Have learned half of the tricks and techniques to sail in a fun and games based approach		✓
Have an in-depth understand of the different roles within the boat and be able to put them into practice		✓
Understand how wind affects the boat		✓
Understand the tide and weather conditions		✓
Be able to right their boat after a capsize		✓
Have learned the fundamentals to sail their boat under supervision with a partner		✓

You can find more details on the programme, as well as videos showing how Tackers is delivered, at [www.discoversailing.org.au/tackers](http://www.discoversailing.org.au/tackers). **Sporting Schools Funding**

If you meet the eligibility criteria your school can access up to \$3,100 per term (for up to three terms) each year through the Sporting Schools program (calculated on the basis of school population and participation numbers) with a minimum of an additional \$500 if you choose sailing as an activity. Detailed information about the program, how to register and apply for funding and how funding is calculated is contained in the two attachments to this letter as well as on the Sporting Schools website. **Funding for Sporting Schools must be applied for by the School through the Sporting Schools website <https://www.sportingschools.gov.au/>.**

Thank you for considering Tackers as part of your school curriculum. We hope we can work together to engage and encourage your students to take part in more sports activities, particularly sailing. Our club is ready to start delivering Tackers for school in Term 4 and will contact you next week to discuss what our Club can offer however in the meantime, please don't hesitate to contact me at 0449 508 963 or [michelle@morningtonyc.net.au](mailto:michelle@morningtonyc.net.au) if you have any questions.

Kind regards,



**Michelle Pickford**

Training & Development

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