



Morningside Yacht Club

Max Rodd & Bill Turner Sailing School

Discover Sailing Centre



Group Booking information



MYC Discover Sailing Centre

The purpose and aim of Mornington Yacht Club's Discover Sailing Centre is to promote, encourage and facilitate the sport of sailing for the enjoyment of its members and the community, by providing a welcoming environment, facilities & programs that are inclusive & affordable for all.

GROUP BOOKINGS

Group bookings enable Mornington Yacht Club's Sailing School to be booked by a group, wanting to experience the fun of learning to sail or provide the means of enabling sailors to train for certain events. Mornington Yacht Club is accredited with Yachting Australia (RTO) as a Discover Sailing Centre (DSC). Mornington Yacht Club is accredited to instruct a variety of courses recognised at a national level and issue certificates for those courses.

SAILING BOATS



Pacer

- 6 boats available
- Suitable for secondary and adults
- 2 person dinghy
- Equipped with Jib (small sail) and Main sail (big sail) and Spinnaker
- Rescue craft, safety equipment including life jackets, training materials included in program.
- Maximum of 12 students can be on the water at any one time. . Additional students can be rotated through sailing boats via rescue craft.



Opti Dinghy

- 10 boats available
- Suitable for primary aged students
- Dinghy can be sailed with 2 or 3 students
- Equipped with a main sail only
- Basic sail controls and steering required
- Rescue craft, safety equipment including life jackets, training materials included in program
- Maximum of 30 students on water at any time. Additional students can be rotated through sailing boats via rescue craft.

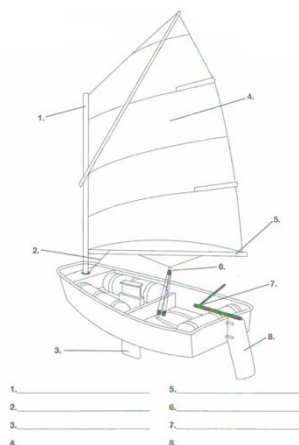
COURSE SYLLABUS

Course syllabus will vary depending on the duration of your groups sailing experience, but all groups will cover the following:

- Parts of a boat
- Jobs in the boat
- Basic Sailing technique
- Capsize information
- Water Safety

Additional syllabus may include

- Knots
- Sail Trim in greater detail
- Rules of the Road



PROGRAMS AVAILABLE

Programs can be tailored to suit beginners to advanced participants and of all ages. These may range from short sail and giggle sessions to half-day or full day long programs. Accredited courses are also an option for groups wanting to gain an accreditation. All training is undertaken under the auspices of Yachting Australia and the Australian Maritime Safety Authority (AMSA).

In all courses students will learn water safety, and will be confidently sailing small boats in a safe and relaxed atmosphere whilst under careful supervision in a group sailing situation.

Sail & Giggle Session – Multiple 1 to 2 hour sessions incorporated into a ½ day or full day charge

These sessions are conducted for larger school groups on a rotational basis. If primary based up to 30 children can be on the water at any one time and secondary students up to 18. These sessions can run over a half day or full day timetable depending on the total number of students, and group session duration can start from as little as 1-1/2 hour turnarounds. During these sessions teachers generally organise beach cricket, walking, snorkelling or other activities for the other rotation activities.

Half day learn to sail – Up to 4 hours

These sessions allow students to learn more about the boats, rigging and have greater time out on the water. There is generally no rotation through these groups enabling further advancement in sailing.

Full day learn to sail – up to 6 hours

These sessions allow students to learn more about the boats, rigging and have greater time out on the water. There is generally no rotation through these groups enabling further advancement in sailing.

Start Sailing Course

This is a 12 hour course and can be incorporated into a school program and is best suited for secondary students. Components can be conducted within the school environment with the practical component taking place at Mornington Yacht Club. To ½ day sessions would need to be scheduled to complete the on-water component of this course. Accreditation is gained on completion of this course.

Tackers Programs for Primary Schools

Tackers is the name for Yachting Australia's grassroots participation program to get primary school aged children active through sailing. It is accessible, inclusive, fun and non-competitive – a perfect formula to enjoyment. A number of different formats of Tackers (ages 7 – 12) are available to primary schools to allow maximum opportunity for children to participate in these programs. **(Funding available through Sporting Schools for a free program)**

Further information follows.

- Tackers Intro, Sporting Schools (4 x 1 hr intro sessions)
- Tackers 1, Sporting Schools (First 10hrs of the Tackers 1 course)

Sailability Program

A specialised program for user groups with special needs. Sail boats have been modified to become accessible and provide a safe and fun sailing experience. Hoists are available for this program. If this is of interest to your group please contact Michelle for further information.

Boating Safety for Kids

A 2 hour program that takes students through basic boating safety, safety information and powerboat handling. This is a hands on program and prepares students interested in gaining their Victorian Recreational powerboat licence. Contact Michelle for program costs

Teams Racing Coaching

Programs are available for schools involved or interested in becoming involved in the Teams Racing Schools competition. The program focuses on learning the fundamental rules needed for teams racing and taking those rules and applying them to on-water exercises.

Kids + Boats = FUN

RATES

Please note that a minimum ½ day charge applies for all bookings.

- All bookings include instructors, rescue boats, safety equipment, teaching materials and sail boats

½ day Up to 4 hours duration \$650	Full day 4 – 6 hours \$750 Additional hours charged at a rate of \$75 per hour.
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UNSUITABLE WEATHER

Should the weather be so adverse as to prejudice the effectiveness of one or more days of a scheduled course, then a substitute day/s will be negotiated.

WHAT TO WEAR

Weather conditions can vary, so students should therefore be prepared to bring:

- Bathers
- Towel
- Wetsuit (if available)
- Shorts (also ideal over wetsuit for protection)
- Thermal underclothes ideal if available
- Polyester shirts and tops recommended.
- **No Cotton**
- Woollen Jumper or thermal jumpers/jackets
- Windproof / Waterproof Jacket
- Old sneakers / Wetsuit Boots
- Sun Hat / Woollen Beanie / Sunglasses
- All hats and sunglasses must be fitted with sports straps
- Mornington provides lifejackets/pfd's for students, but students are welcome to bring along their own

OTHER USEFUL INFORMATION

For school groups adult supervisors are required from the school for control and safety (not necessarily a sailor but water confidence is helpful) as follows:

- 12 to 18 students – 1 teacher
- Over 18 students – 2 teachers.

Sailing instructors hold current first aid certificates but are not required to hold Bronze Medallion qualifications.

Students will be wearing lifejackets at all times whilst on the water with instructors.

Sailing instructors work to the ratio of 1 instructor to 6 training boats.

The sailing activity will, where possible, sail as a separate group from other craft.

Mornington Yacht Club's rescue craft will be operated only by the Instructor/s or a qualified person nominated by the Discover Sailing Centre.

BOOKINGS

Tentative bookings can be made up to 12 months in advance.

The Mornington Yacht Club Discover Sailing Centre reserves the right to cancel or re-schedule bookings up to 3 months prior to the course commencement date.

Bookings can be made at short notice if course dates is available.

Booking forms are available from the Mornington website: www.morningtonyc.net.au/group-hire

Mornington Yacht Club

Kids + Boats = FUN



Max Rodd & Bill Turner Sailing School

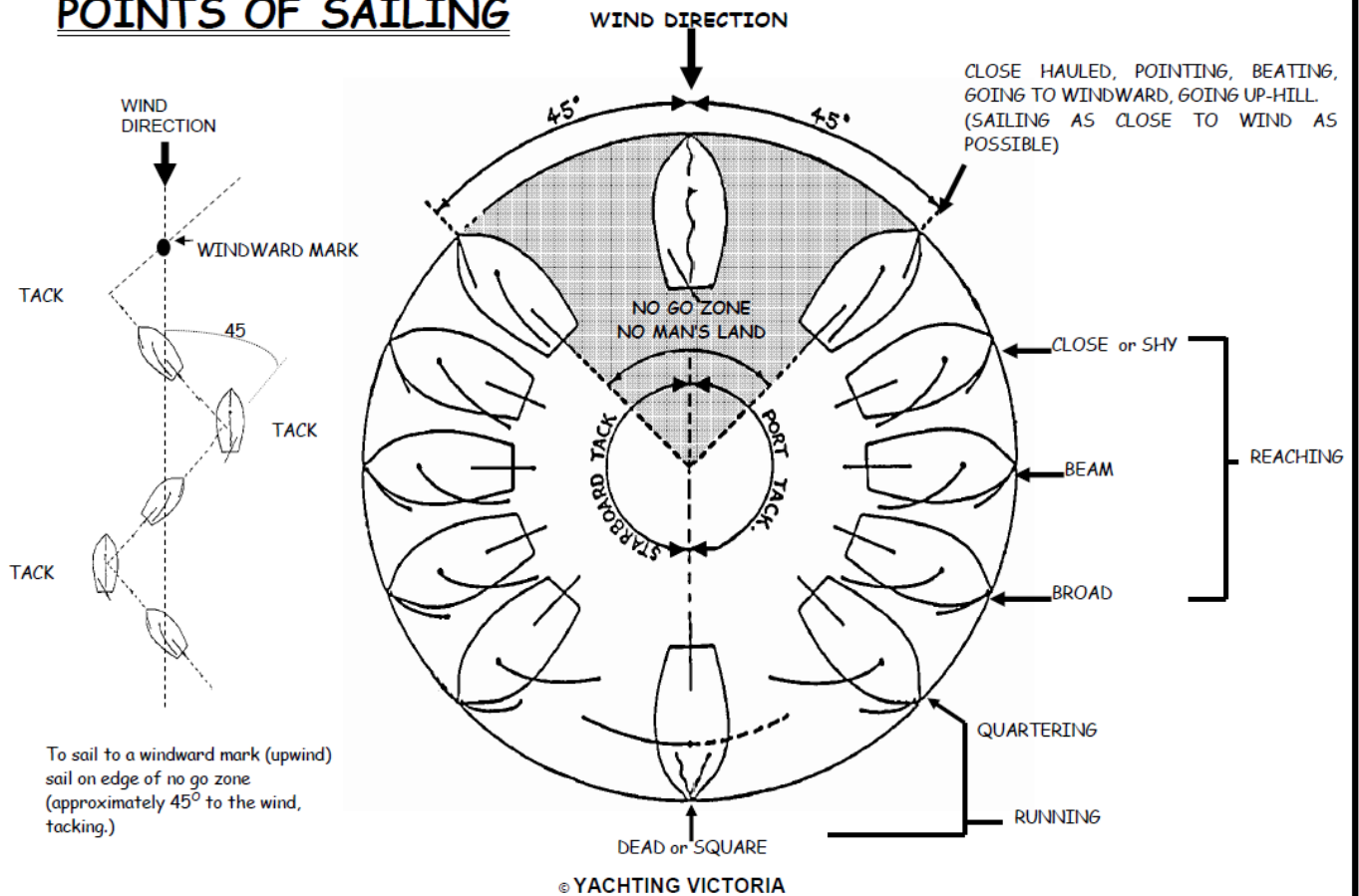


BOOKING / QUOTATION FORM

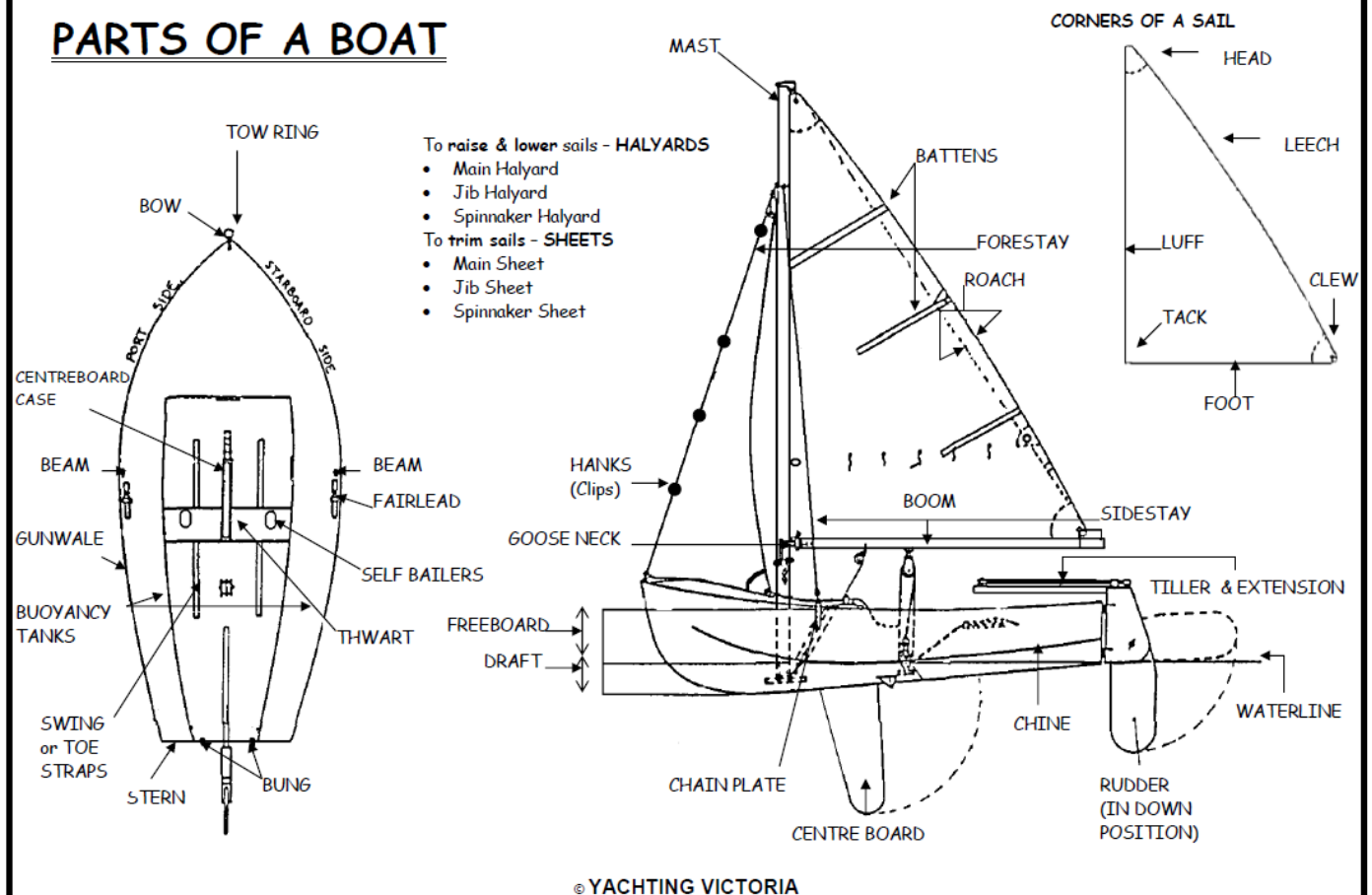
- ☐ I wish to receive a quotation in accordance with the details provided below
☐ I wish to tentatively book the sailing school as detailed below
☐ I wish to confirm my booking

SCHOOL						
Member in Charge						
Contact Details	M.		O.		H.	
Email					Fx.	
Postal Address						
					Pcode	
Date/s of booking						
Time/s						
Group/s size /Age						
Staff No.						
Optimist / Feva						
Additional Information .						
Written Purchase No. attached. (in lieu of deposit)						
Signed (Member in charge)				Date:		
Quotation Outline						
Total Course Fee quoted					\$	
Signed:					Date:	
Office use Only	Entered MYOB			Invoice No. _____		

POINTS OF SAILING



PARTS OF A BOAT



tackers
intro

Wicked!

TACKERS

This certificate is awarded to Tacker

for completing the Tackers Intro Session

www.discoversailing.org.au/tackers

We hope that you continue your sailing
into Tackers 1: *Having Fun* with us

Club

Date

Instructor



TACKERS

Tackers Programs for Primary Schools



Learn to Sail!

- Fun & Safe programs
 - Controlled learning environment
- www.discover sailing.org.au/tackers

Welcome to Tackers!

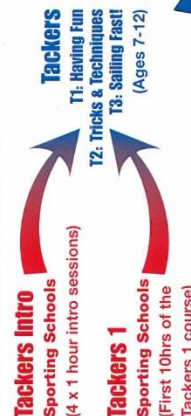
'Tackers' is the name for Yachting Australia's grassroots participation program to get primary school aged children active through sailing. The program is designed to provide an accessible, inclusive, fun and non-competitive way for children to start sailing. The fundamentals of the Tackers program can be best communicated and understood through the Tackers Mission and Tackers Values.

Tackers Mission

The objective of the Tackers program is to attract a significantly increased number of primary school age children to sailing, especially those who would not otherwise participate, and have them participate in an initial fun sailing experience before progressing on a pathway, to a full learn to sail program over three main levels, then non-competitive participation, and long-term club membership.

Tackers Programs for Primary Schools

A number of different formats of Tackers (ages 7-12) are available to primary schools that allow maximum opportunity for children to participate in programs at registered Yachting Australia Tackers Clubs.



One popular format of Tackers for schools is the **Tackers Intro: Sporting Schools** session which gives children the opportunity to see if they like sailing and provides them with an experience of what the Tackers program is. We hope that children who participate in the **Tackers Intro: Sporting Schools** session with their school will be inspired to participate in **Tackers T1: Having Fun, T2: Tricks & Techniques, T3: Sailing Fast!** at their local Tackers Club.

Tackers Values

1. Kids centric.
2. Non-competitive, games-based and social.
3. Delivered by professional, Yachting Australia qualified Instructors and Assistant Instructors.
4. All aspects of the program are consistent across all Tackers Club locations.
5. Branded modern presentation.
6. Tackers is an entry-level program which means it is designed to be accessible to a child who has never sailed before and whose family members do not sail.
7. Value for money relative to similar programs in other sports.
8. Fundamental skill foundations and enthusiasm for long term participation are fostered within Tackers through the progressive levels of the program.

TACKERS

Tackers Intro: Sporting Schools

In **Tackers Intro: Sporting Schools** children get a very practical introduction to sailing by learning through games where safety is paramount. Children typically work in pairs in small boats that are supervised by a team of Instructors and Assistant Instructors. The games include on-water treasure hunts, being towed in their boat by the power boat, paddling games and on-water ball games.

Tackers Intro: Sporting Schools is not a pre-requisite for undertaking the full Tackers programs – **T1: Having Fun, T2: Tricks & Techniques, T3: Sailing Fast!**, but does give children lots of confidence and motivation to progress to a **Tackers T1: Having Fun** course.

By the end of the Tackers Intro: Sporting Schools the children will:

- ▶ Have learned the basic sailing safety rules and procedures
- ▶ Be able to launch their boat
- ▶ Understand how the boat floats and what to do if water is taken onboard
- ▶ Understand what the different roles are in the boat (skipper and crew)
- ▶ Have participated in a range of sailing-based games
- ▶ Understand how the wind affects the boat
- ▶ Understand the freedom and responsibility that sailing provides

Tackers 1: Sporting Schools

Tackers Clubs can also offer a **Tackers 1: Sporting Schools** program over a minimum of 4 sessions. The principles of the **Tackers Intro: Sporting Schools** apply, with greater opportunity to practice and extend skills.

The Tackers Club will then work with the Schools, parents/guardians and children to offer continued participation in sailing through the remaining sessions in **Tackers 1** moving through to **Tackers 2** and **Tackers 3**.

By the end of Tackers 1: Sporting Schools the children will:

- ▶ Have learned the fundamentals to sail their boat under supervision with a partner
- ▶ Know and understand the basic sailing safety rules and procedures
- ▶ Be able to launch and retrieve their boat
- ▶ Have an in-depth understanding of the different roles within the boat and being able to put them into practice.
- ▶ Understand how to read the wind, tide and weather conditions
- ▶ Be able to right their boat after a capsize
- ▶ Have learned half of the tricks and techniques to sail through Tackers fun and games based approach
- ▶ Understand the freedom and responsibility that sailing provides

www.discoversailing.org.au/tackers



TACKERS

Kids + Boats = FUN

Both Tackers options for Sporting Schools include:

- ▶ Access to all equipment (inc boats) at no additional cost
- ▶ Tuition from a team of qualified Instructors and Assistant Instructors
- ▶ Use of club facilities
- ▶ Certificate of Achievement

Group sizes range from 12 to 40 depending on which location you would like to go to.

SPORTING Schools

The advantages of Tackers for Schools sessions are:

- ▶ Children don't need any prior sailing experience
- ▶ Delivered with modern equipment specifically designed for the Tackers program
- ▶ The non-competitive emphasis of the session means fun and learning is the focus
- ▶ Large groups can be accommodated – up to 40 children per session at some locations. Tackers Clubs can run several sessions over the course of a day and have up to 100 children participating in a day
- ▶ Children are being active whilst learning about their environment and safety
- ▶ Children take on different roles in the boat and learn about team work whilst developing leadership skills.
- ▶ It is a first step to more sailing through Tackers

How to get involved!

1. The school needs to register to be part of the Australian Sports Commissions' Sporting Schools Initiative. This is done via the Sporting Schools website www.sportingschools.gov.au
2. Contact your local Tackers Club via the Discover Sailing website www.discoversailing.org.au
3. Decide on the **Tackers Intro: Sporting Schools** or the **Tackers 1: Sporting Schools** program to join in the fun.

If you require any more information don't hesitate to contact Yachting Australia on (02) 8424 7446 or tackers@yachting.org.au

www.discoversailing.org.au/tackers

